

CONNECTION

Keeping Team Members Connected!

A MESSAGE FROM YOUR CEO

Dear Discovery Family,

It's likely that wherever you are right now, it's starting to look and feel more like summer every day. The familiar smell of a hot BBQ, and pools and playgrounds again filled with the sounds of children playing seem to signal that a change of sorts is upon us. With it (we hope) comes renewed promise for the weeks and months ahead.

I believe that's where we are as a company and nation at this point, too. Emerging from the worst of COVID and looking forward to a lifestyle resurgence as (relative) normalcy begins to take hold.

You, of course, will be an integral part of the process as many of our residents get to re-experience prior freedom and the joys of togetherness. Both, we've learned, are luxuries that we really shouldn't take for granted. However, a broader (and maybe clearer) perspective is just some of what we've gained throughout these challenging times. So whether it's becoming more closely bonded with residents and your fellow Team Members, achieving personal growth, or being a part of our company's remarkable growth story, there's a lot we have to reflect upon right now, and just as much to look forward to in the months ahead.

Here are a few takeaways to consider:

- **You're Stronger & More Resilient Than You (Probably) Thought:** If ever you believed (or were told) that you needed predictability, structure, or other, favorable conditions to thrive, how do you feel about it now? To have performed so admirably over the past year, it's likely that you're more adaptable, resilient, and resourceful than you thought. That makes it worth considering what other, supposed limitations you can overcome in your work and life as well.
- **You've Earned a Rightful Place Among the Heroes of Our Society:** Residents, families, local leaders, and our society as a whole watched you working on the front lines of the pandemic, as well as through unprecedented winter storms and so much more. It proved to them (and maybe did to you, too) what our company has known all along: That for your caring, compassionate service to resident seniors, you're fully deserving of the "hero" title that's since been bestowed upon you throughout.
- **We've Reshaped the Company's Future for the Better:** During a tumultuous year when many senior living providers struggled mightily and others even closed their doors altogether, Discovery Senior Living has ascended closer to the pinnacle of our industry. We've added more than 20, new communities, top-tier leadership talent, and 300+ new Team Members to our family. We've launched a new regional brand, Morada Senior Living, welcomed TerraBella Windsor Lake, TerraBella Lake Norman, TerraBella Spartanburg and The Park Oak Grove, and our newest addition to Discovery's National Brand Portfolio, our Signature brand community, Mariposa. We also debuted our new, centralized sales contact center, which represents yet another industry-leading innovation pioneered by our company. Together, it's all part of how we're making the finest-quality senior living more affordable and widely available to discerning, yet value-conscious seniors.

Of course, our work is never done, and now's no time for complacency, but it is a good opportunity to celebrate your performance and prepare for a brighter future. So today and going forwards, remain focused, stay safe and most of all, thank you for your amazing dedication and exceptional care and



Richard J. Hutchinson, CEO

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Welcome

Join us in welcoming our newest Team Members!

DISCOVERY SENIOR LIVING

Dan Allen, *Regional Director of Community Maintenance*
Jeanee Archer, *Billing Specialist*
Richard Baldwin, *Inside Sales Specialist*
Christian Cannatello, *Sales Specialist*
Bobbi Ford, *Staff Accountant*
Hubert Guy Jr., *Regional Director of Community Maintenance*
Nick Lafakis, *Digital Marketing Specialist*
Joseph Lareau, *Inside Sales Specialist*
David Magsumbol, *Inside Sales Specialist*
Nicola Robinson, *Regional Controller*
Richard Snyder, *Inside Sales Specialist*
Bridget Wanecski, *Resident Care Specialist*

ASTON GARDENS AT PARKLAND COMMONS

Jeanne Berrouet, *Health Care Coordinator*
Deon Dawkins, *Care Manager*
Dorris Hampton, *Business Office Assistant*
Derrick Milhous, *Senior Lifestyle Counselor*

ASTON GARDENS AT PELICAN MARSH

Michelle Faulhaber, *Concierge*
Luis Ferrer III, *Server*
Michael Miller, *Facility Operations Assistant*
Adam Orange, *Server*
Mia Serrano-Cherena, *Server*
Beau Shear, *Server*

ASTON GARDENS AT PELICAN POINTE

Sierra Cavilee, *Lead Server*
Alyssa Coulton, *Server*
Jeremy Gowens, *Dishwasher*
D.J. Hott, *Housekeeper*
Coral Gamel Howes, *Server*
Junick Joseph, *Care Manager*
Connor Langan, *Server*
Shannon Ray, *Server*
Addison Scurek, *Server*
Eileen Thompson, *Dishwasher*

ASTON GARDENS AT SUN CITY CENTER

Lena Bunnell, *Culinary Services Manager*
Anayeli Guevara, *Server*
Dulce Leon, *Server*
Libertee Talley, *Server*
Angelica Torres, *Server*

ASTON GARDENS AT TAMPA BAY

Michael Beaulieu, *Security*
Pedro Ferreiras Sr., *Lead Cook*
Syrleya Henao, *Housekeeper*
Racheal Leon, *Care Manager*
Bradley Purazzo, *Senior Lifestyle Counselor*
Silvia Rodriguez, *Housekeeper*
Eileen Whipple, *Driver*
Gregory Wilson, *Driver*

ASTON GARDENS AT THE COURTYARDS

Brittany Callahan, *Security*
Mackenzie Dean, *Server*
Naema Girard, *Server*
Jimmy Perez Jr., *Dishwasher*
Cassandra Ramos, *Server*
Jasmin Ramos, *Server*
Jeffrey Tannen, *Server*

BLUE RIDGE ASSISTED LIVING

Gracie Birmingham, *Care Manager*
Kristin Gentry, *Med Tech*
Kourteney Kendall, *Care Manager*
Brittany Mashburn, *Care Manager*
Sydney Smith, *Care Manager*
Bridget Walker, *Housekeeper*
Sheila Ware, *Care Manager*

CARUTH HAVEN COURT

Brenda Gabriel, *Care Manager*
Aremantee Wright-King, *Care Manager*

CONSERVATORY AT ALDEN BRIDGE

Yunianti Alawiyah, *Server*
Brittany Hatcher, *Concierge*

CONSERVATORY AT CHAMPION FOREST

Donald Ellis, *Sous Chef*
Victoria Foster, *Concierge*
Jana Freudensprung, *Senior Lifestyle Coordinator*
Ubence Garcia III, *Driver*
Jazlynn Lerma, *Concierge*
Ronald Livingston Jr., *Dishwasher*
Angel McDonald, *Cook*
Dayjona Phillips, *Server*

Christiana Picklesimer, *Server*
Gulia Robinson, *Server*
DeAndre Sumrall, *Fitness Coordinator*

CONSERVATORY AT KELLER TOWN CENTER

James Ashby, *Director of Facility Operations*
Tara Davis, *Housekeeper*
Ramses Ortega, *Server*
Tameka Powell, *Housekeeper*

CONSERVATORY AT NORTH AUSTIN

Joseph Hawkins, *Server*
Annamaria Houston, *Director of Celebrations*
Jocelyn Largent, *Senior Lifestyle Coordinator*
Mayra Ortiz, *Housekeeper*
Leonard Prado, *Driver*

CONSERVATORY AT PLANO

Naomi Echeverria Mora, *Server*
Marjorie Fulmer, *Senior Lifestyle Counselor*
Eileen Rincon, *Server*

DISCOVERY AT HOME

Sophia Belmont, *Home Health Aide*
Christelle Gayo, *Home Health Aide*
Jean Hyacinthe, *Home Health Aide*
Cheryl Marriott, *Home Health Aide*
Gretchen Scheffel, *Medical Social Worker*

DISCOVERY COMMONS AT BRADENTON

Cassandra Betancourt, *Care Manager*
Heather D'Aste, *Director of Celebrations*

DISCOVERY COMMONS AT COLLEGE PARK

Heather Jones, *Senior Lifestyle Counselor*
Katelyn Keele, *Housekeeper*

DISCOVERY COMMONS AT WILDEWOOD

Mikhaila Douglas, *Server*
Lanecia Ford, *Care Manager*
Jazmin Gonzalez Quezada, *Care Manager*
Janette Gonzalez Quezada, *Care Manager*

Ciera Gray, *Care Manager*
Tanay Robinson, *Health Care Coordinator*
Grace Weems, *Care Manager*

DISCOVERY VILLAGE AT ALLIANCE TOWN CENTER

Bunmi Adenisimi, *Care Manager*
Mballou Diaby, *Med Tech*
Matilda Federici, *Care Manager*
Alexandra Hansen, *Celebrations Coordinator*
Faustina Kakraba, *Med Tech*
Odetta Losoma, *Care Manager*
Celina Monterroso, *Concierge*
Lavonne Murphy, *Care Manager*
Mbombo Ntumba, *Health Care Coordinator*
Jeanette Rodriguez, *Care Manager*
Lora Sanders, *Server*
Gracie Stewart, *Server*
Shirley Washington, *Housekeeper*

DISCOVERY VILLAGE AT BOYNTON BEACH

Kylie Adrien, *Server*
Fabienne Estimable Charles, *Housekeeper*
Amanda Hennessey, *Celebrations Coordinator*
Destiny Johnson, *Server*
Kris-Adams Letang, *Server*
Georges Louis, *Cook*
Dekevia McRae, *Server*
Nardine Natour, *Server*

DISCOVERY VILLAGE AT CASTLE HILLS

Juan Martinez, *Cook*

DISCOVERY VILLAGE AT DEERWOOD

Janiya Baker, *Med Tech*
Lazandra Chaney, *Care Manager*
Azlyn Davis, *Care Manager*
Tia Edwards, *Med Tech*
Precious Gilyard, *Care Manager*
Norly Ragudos, *Med Tech*
Asia Rhodan, *Med Tech*
Antiqua Taylor, *Med Tech*

DISCOVERY VILLAGE AT DOMINION

Lindsay Alspach, *Concierge*
Orlando Alva Jr., *Concierge*
Jason Buikema, *Business Office Assistant*
Carley Farias, *Med Tech*
Juanita Flores, *Celebrations Coordinator*
Monica Hinojosa, *Housekeeper*
Sean Jones, *Health Care Coordinator*

Jennifer Keese, *Server*
Agustin Munn, *Concierge*
Rebekah Saenz, *Housekeeper*
Don White Jr., *Director of Culinary Services*

DISCOVERY COMMONS AT MELBOURNE

Kara Anderson, *Senior Lifestyle Counselor*
Tiffany Jackson, *Med Tech*
Auston Mahon, *Server*

DISCOVERY VILLAGE AT NAPLES

Jocelyne Balan, *Dishwasher*
Jasinia Daley, *Server*
Luz Garcia, *Concierge*
Marcajah Jarrett, *Server*
Jeanine Jean Baptiste, *Culinary Service Supervisor*
Marguerite Omeus, *Server*
Julian Prado, *Housekeeper*
Marcus Ramplais, *Server*
Tracey Strand, *Supervisor of Culinary Services*
Kenia Vielman, *Server*

DISCOVERY VILLAGE AT PALM BEACH GARDENS

Shaciria Bell, *Dishwasher*
KiAndra Knighten, *Director of Celebrations*
Rafael Miranda, *Dishwasher*
Trevonti Morris, *Dishwasher*

DISCOVERY VILLAGE AT SANDHILL

Michael Cohen, *Senior Lifestyle Counselor*
Pamela Nester, *Senior Lifestyle Counselor*

DISCOVERY VILLAGE AT SARASOTA BAY

Abigail Aguilar, *Server*
Dashaunti Brown, *Med Tech*
Eboney Brown, *Care Manager*
Roshetta Fashaw, *Med Tech*
Marsha Fulmer, *SHINE® Memory Care Director*
Evelyne Monpoint, *Care Manager*
Estefani Ortez, *Server*
Corolyn Powell, *Server*
Zekilynn Singleton, *Dishwasher*
Penny Smith, *Senior Lifestyle Counselor*

DISCOVERY VILLAGE AT SOUTHLAKE

Ka'Tebra Brown, *Health Care Coordinator*
Tracie Christie, *Executive Director*

Janelle Dillon, *Assistant Director of Health & Wellness*

Cherry Easter, *Health Care Coordinator*
Joshua Ellis, *Registered Nurse*
Daline Emmanuel, *Registered Nurse*
Nardia Green, *Registered Nurse*
Vicki Holland, *Celebrations Coordinator*
Lisa Hutchins, *SHINE® Memory Care Director*

Brandi Madlock, *Registered Nurse*
Gaelle Mouniala, *Care Manager*
Leonard Ngetich, *Registered Nurse*
Felicia Nwanorue, *Med Tech*
Helen Richie, *Care Manager*
Lesbia Salas, *Health Care Coordinator*
Trendra Scott, *Registered Nurse*
Andrea Seyler, *Server*
Kidus Tazaz, *Server*
Kenneth Utah, *Health Care Coordinator*
Cheryl Witherspoon, *Care Manager*

DISCOVERY VILLAGE AT STUART

Maria Aymil, *Med Tech*
Selena Barredo, *Server*
Islande Charles Dorisca, *Med Tech*
Julie Collins, *Concierge*
Velene Deralus, *Med Tech*
Pauline Michaud, *Server*
Carole Pascal, *Med Tech*
Dusti Price, *Server*
Julie Satmary, *Health Care Coordinator*
Christopher Whitcomb, *Facility Operations Assistant*

DISCOVERY VILLAGE AT SUGARLOAF

Latasha Bates, *Senior Lifestyle Counselor*
Anamaria Carrillo, *Care Manager*
Marsha Henry, *Med Tech*
Karen Hulbert, *SHINE® Memory Care Director*
Tosin Jimoh, *Care Manager*
Carmen Ramirez, *Care Manager*

DISCOVERY VILLAGE AT TAMPA PALMS

Mariah Benson, *Server*
Derica Brown, *Server*
Carol Donald, *Concierge*
Gina Fogel, *Housekeeper*
Alice Foxworth Single, *Housekeeper*
Mackenzie Golladay, *Care Manager*
Makaela Sgueglia, *Senior Lifestyle Coordinator*
Jy-Azhia Tull-Anderson, *Care Manager*

DISCOVERY VILLAGE AT THE FORUM

Anne Agenor, *Care Manager*
Leeshaila Alexandre, *Server*
Jennifer Allen, *Executive Director*
Cherlande Bertrand, *Server*
Rosalba Garcia, *Culinary Service
Supervisor*
Joseph Garcia, *Facility Operations
Assistant*
Gretchen Krohn, *Concierge*
Jazmin Nazario, *Server*
Ateria Neal, *Housekeeper*
Jamal Suain, *Dishwasher*
Ashawnti Troup, *Server*

DISCOVERY VILLAGE AT THE WEST END

Caroline Boatwright, *Server*
Casandra Cosner, *Care Manager*
Donna Crews, *Care Manager*
Fatimata Diallo, *Med Tech*
Robert Holmes, *Care Manager*
Raymeka White, *Med Tech*

DISCOVERY VILLAGE AT TWIN CREEKS

Katherine Alejandre Cruz, *Concierge*
Kenneth Schlupp, *Senior Lifestyle
Counselor*
Paula Standridge, *Executive Director*

DISCOVERY VILLAGE AT WESTCHASE

Tayler Acheson, *Server*
Sherlyn Boldin, *Director of Health &
Wellness*
Marie Delbrun, *Care Manager*
Robin Harken, *Server*
Bethany Isaac, *Med Tech*
Allen Johnson Jr., *Dishwasher*
Shakeena Pasco, *Care Manager*
Marta Sanchez Nunez, *Care Manager*
Maria Serna, *Care Manager*

HIDDEN MEADOWS ON THE RIDGE

Liyah Ebuén, *Server*
Angelica Ebuén, *Housekeeping Supervisor*
Antonio Ficca, *Concierge*
Joyce Joule, *Server*
Evan Sienkiewicz, *Concierge*

LAKESIDE AT MALLARD LANDING

Shakema Akbar, *Care Manager*
Aliyah Collins, *Cook*

Esther Dorvil, *Care Manager*
Tawnee Graham, *Care Manager*
Shaniya Holness, *Care Manager*
Kirsty Klimas, *Care Manager*
Ardella Lewis, *Housekeeper*
Ashley Matthews, *Care Manager*
Artaijah Spence, *Care Manager*

MARIPOSA

Shelly Abraham, *Med Tech*
Lawanna Barnes, *Concierge*
Celimene Clervoyant, *Med Tech*
Consleine Innocent, *Med Tech*
Maika Johnson, *Med Tech*
Angelo Liquori, *Culinary Service
Supervisor*
Juana Marte Jimenez, *Housekeeper*
Lovely Philippe, *Server*
Marie Sainvil, *Care Manager*
Manuel Segovia, *Driver*
Kianna Thomas, *Server*
Kishawna Thomas, *Server*
Attania Thomas, *Server*
Denise Williams, *Server*

MORADA ABILENE

Samantha Topel, *Concierge*

MORADA ALBUQUERQUE

Fatima Alvarez, *Care Manager*
Shannon Bailey, *Assistant Director Health
& Wellness*
Ada Barbone, *Care Manager*
Victoria Blanco-Alcantar, *Care Manager*
Lynae Buckley, *Concierge*
Lizbeth Estrada, *Server*
Kyle Harvey, *Care Manager*
Annmarie Laviolette, *Server*
James Luckett, *Care Manager*
Victoria Martine, *Care Manager*
Nicolas Repichowski, *Cook*
Kristin Repichowski, *Server*
Genesis Rodriguez, *Server*
Sayury Ruiz-Noda, *Care Manager*
Arriana Sandoval, *Server*
Gaenor Thompson, *Server*
Crystal-Lynn Thompson, *Concierge*

MORADA BURLESON

Brittany Anguish, *Server*
Joyce Czesnowski, *Business Office
Manager*
Leisl Findley, *Care Manager*
Conner Fuller, *Care Manager*
Janice Graves, *Care Manager*
Shamyia Hickman, *Care Manager*
Freda Johnson, *Executive Director*

Jasmine Kelley, *Housekeeper*
Rebeca Kuntz, *Housekeeper*
Danielle Morse, *Care Manager*
Winnie Osoro, *Care Manager*
Alexis Rhodes, *Care Manager*

MORADA CEDAR HILL

Zonyae Blocker, *Server*
Gweniqua Brown, *Care Manager*
Earl Calhoun, *Server*
Dorissa Drummer, *Care Manager*
Shamarra Garmon, *Cook*
Priscille Ngomege, *Server*
Korena Riha, *Care Manager*
Katlyn Robinson, *Care Manager*

MORADA CY-FAIR

Erica Bailey, *Server*
Octavia Dow, *Care Manager*
Cortina Edwards, *Dishwasher*
Virginia Murray, *Business Office Manager*
Justina Thomas, *Housekeeper*

MORADA DEER PARK

Dylan Krzeszewski, *Server*

MORADA FRIENDSWOOD

Jeanette Arriaga, *Server*
Stephanie Enriquez, *Housekeeper*
Venessa Gonzales Galaviz, *Care Manager*
Shakiya Hadley, *Care Manager*
Robert McAlman, *Med Tech*
Susan McGuire, *Care Manager*
Angela Mims, *Care Manager*
Jose Ramirez, *Cook*
Sydney Reed, *Server*
Loralai Ritchie, *Care Manager*
Treneisha Sanders, *Care Manager*
Jessica Soland, *Care Manager*
Chevonne Webster, *Care Manager*

MORADA GRAND PRAIRIE

Symone Handy-Henderson, *Server*
Christine Kautt, *Executive Director*
Cathy Miller Jordan, *Med Tech*
Oluwabunmi Osaniyi, *Care Manager*
Cynthia Rivera, *Care Manager*

MORADA LAKE ARLINGTON

Mistura Asunramu, *Care Manager*
Lori Kennedy, *Senior Lifestyle Counselor*
Guadalupe Reyes, *Housekeeper*
Karolyn Sorenson, *Business Office
Manager*

MORADA NORTH RICHLAND HILLS

Aminah Sserunjogi, *Care Manager*
Jelisa Thomas, *Care Manager*
Christina West, *Care Manager*

MORADA PANTEGO

Sa'diya Bratcher, *Server*
Christopher Ibarra, *Executive Director*
Ageno Luke, *Server*
Luyen Nguyen, *Server*
Montia Watson, *Concierge*

MORADA TEMPLE

Valencia Burns, *Health Care Coordinator*
Ursula Carter, *Housekeeper*
Patricia Hannah, *Care Manager*
Carolyn Harris, *Home Health Aide*
Danyela Hearron, *Care Manager*
Armani Hill, *Care Manager*
Ashley Hollimon, *Care Manager*
Desiree Langley, *Home Health Aide*
Isabel Lowe, *Home Health Aide*
Alenxia Martin, *Server*
Promise Rosado, *Home Health Aide*
Ellicia Satchell, *Home Health Aide*
Christel Scypion, *Care Manager*
Alicia Travier, *Health Care Coordinator*

MORADA VICTORIA

Esperanza Longoria, *Server*

MORADA VICTORIA EAST

Sheryl Fletcher, *Housekeeper*

MORADA WAXAHACHIE

Mejia Daphne, *Care Manager*
Melissa McDonald, *Care Manager*
Maria Rico, *Care Manager*
Sabrina Thomas, *Care Manager*

REGENCY POINTE

Skyler Bradley, *Care Manager*
Natalie Cotton, *Care Manager*
Tonya Davis, *Care Manager*
Jamika Edwards, *Housekeeper*
Ricquina Eiland, *Health Care Coordinator*
Steven Lipham, *Security*
Candace Whaley, *Care Manager*
Ashley Young, *Concierge*

RITTENHOUSE VILLAGE AT LEHIGH VALLEY

Jenna Baltz, *SHINE® Memory Care
Director*
Randolf Ramirez, *Server*
Andy Viruet, *Facility Operations Assistant*

RITTENHOUSE VILLAGE AT MICHIGAN CITY

Valorie Greer, *Care Manager*
Destiny Mooi, *Care Manager*
Kayleeonna Pearce, *Care Manager*
Felicia Skelton, *Care Manager*
Samantha Willis, *Care Manager*

RITTENHOUSE VILLAGE AT MUHLENBERG

Chad Smith, *Housekeeper*
Nikita Torres, *Care Manager*

RITTENHOUSE VILLAGE AT NORTHSIDE

Christine Bostick, *Care Manager*
Gladys Clement, *Med Tech*
Arnia Grady, *Care Manager*
Ricardo White, *Care Manager*

RITTENHOUSE VILLAGE AT PORTAGE

Precious Jackson, *Housekeeper*

RITTENHOUSE VILLAGE AT VALPARAISO

Brieanna Chambers-Peek, *Care Manager*
Anyssa Chavez, *Celebrations Coordinator*
Mitria Jackson, *Care Manager*
Judah Tanner, *Server*
Mercede Welch, *Care Manager*

SPRING MILL

Kelly Conway, *Care Manager*
Anna Correa, *Server*
Jenna Correa, *Server*
Shanya Ford, *Care Manager*
Dawn Haas, *Celebrations Coordinator*
Kiyana McClellan, *Care Manager*
Wendell Nelson, *Med Tech*
Elizabeth Rust, *Business Office Assistant*
Ty'nesha Scott, *Assistant Director of
Health & Wellness*
Joseph Shillenn, *Dishwasher*
Teanna Sibilly, *Celebrations Coordinator*
Dylan Stahl, *Server*

TERRABELLA LAKE NORMAN

Ametra Carr, *Med Tech*
Tracy Carroll, *Med Tech*
Rhiannon Miller, *Med Tech*
Crisleinnny Reyes de Alcantara, *Server*
Semone Sloane, *Care Manager*
China Weeks, *Care Manager*

THE PARK OAK GROVE

Alidaycia Saunders, *Server*
Aija Whitted, *Care Manager*

THE SUMMIT

Priscilla Amon, *Care Manager*
Cayley Creswell, *Health Care Coordinator*
Keaundra Gardner, *Care Manager*
Nicole Hartnett, *Health Care Coordinator*
ShaTira Johnson, *Care Manager*
Susan Merrill, *Concierge*
Tina Ross, *Celebrations Coordinator*
Edwina Ross, *Server*
Patricia Saienni, *Celebrations Coordinator*
Sara Spurgeon, *Health Care Coordinator*
Kara Turner, *Server*
Abigail Williams, *Care Manager*
Tamika Woods, *Care Manager*

THE TRACE

Shakeria Barney, *Care Manager*
Quintrell Bennett, *Care Manager*
Shikeria Brumfield, *Care Manager*
Blaine Bunje, *Server*
Kiana Chatman, *Server*
Chanel McKaskill Penn, *Care Manager*
Jo'Keithia Powell, *Care Manager*
Christena Thomas, *Care Manager*
Hannah White, *Care Manager*

THE WELSTONE AT MISSION CROSSING

Ross Fraser, *Director of Culinary Services*
Anthony Fuentes-Guerra, *Cook*
Robert McGinnis, *Driver*
Michael Mills, *Sous Chef*
Alivia Nave, *Server*

VERANDA CLUB

Lisa Marzigliano, *Health Care Coordinator*
Cassandra Smith, *Med Tech*

Congratulations

Join us in congratulating your
fellow Team Members!

DISCOVERY SENIOR LIVING

Robert Miller, *Promoted to Assistant
Controller*

MORADA SENIOR LIVING

Gary Allen, *Transitioned to Regional
Director of Sales, Morada South*

Brian Culpepper, *Transitioned to
Regional Director of Operations*

Introducing Our New Communities (Mariposa, The Park Oak Grove & TerraBella Spartanburg)

Discover the Latest Communities to Join the Discovery Family



Mariposa

Pretty much everything about Mariposa can leave a person speechless. Just check out the photo; this place is a showstopper...and while it may look and feel like a tropical resort, it's an attainable dream for seniors in Lake Worth, Florida and the surrounding areas of Palm Beach County. Featuring Active Independent Living, Assisted Living, and (very soon) SHINE® Memory Care, Mariposa delivers truly exceptional living and care quality for seniors in all stages of retirement. Mariposa was acquired on April 1, and together, we're hard at work making its brand of premium-quality senior living available to more deserving, area seniors than ever before.



The Park Oak Grove

Located just 6.5 miles southwest of downtown Roanoke, Virginia, The Park Oak Grove provides the personalized care and service of Assisted Living with an array of practical amenities. We've been working together since mid-February, and have since integrated Discovery's exclusive senior lifestyle programs to further enrich the way of life for residents of this community. This is only the beginning of what we can accomplish, though, so please join us in welcoming everyone from The Park Oak Grove to our family, and here's to celebrating many shared successes in the future!



TerraBella Spartanburg

High-quality Assisted Living and Memory Care meet quintessential, Southern charm at our new, TerraBella Spartanburg community, which is located near the heart of South Carolina's renowned Upstate region. Folks there will know that Spartanburg is a multinational hub for education, industry, dining and more. Home to collegiate institutions like USC Upstate and Wofford, the city is also proud home of BMW's North American Headquarters.

Spartanburg is the newest TerraBella location to join our family following the additions of TerraBella Lake Norman (outside Charlotte, NC) and TerraBella Windsor Lake (Columbia, SC) earlier this year.



Going Above & Beyond

Sending well-deserved “Shout Outs” to all our communities and Team Members who go the extra mile. Your hard work and commitment touch the lives of so many each and every day!

SILTON GORDON

Aston Gardens At Parkland Commons

Silton Gordon goes above and beyond for the Transportation Department and he always has an uplifting smile that all of our residents and Team Members love. Silton is always available and consistently brings his all when he comes to work. We truly appreciate all he does here at Aston Gardens.

TEAM MEMBERS

Aston Gardens At Tampa Bay

Shout out to the entire Aston Gardens At Tampa Bay Team for all their hard work making our Grand Unveiling events a wonderful time for all involved. The Team worked very hard to get our community looking beautiful and continued to work hard throughout our events to ensure that all went well. Great job team!

JENNIFER BROLL

Conservatory At Keller Town Center

You don't really know what you're missing until you receive truly exceptional service. I walked into my mother-in-law's place as usual while her weekly cleaning was being done to find she had a different gal. I went about my normal activity but soon noticed what an incredible job Jennifer was doing. She dusted and cleaned things I'd never seen touched, swept the balcony, tackled the fans and once done came back through because she was not satisfied with how the floors looked! I wish there was a way I could reward her rather than the praise I've given her personally and now to you. She is what all employees should strive to be like!

—Kathy D. (family testimonial)

MELISSA CRUZ & HOUSEKEEPING TEAM

Discovery Village At Sarasota Bay

Melissa Cruz, our Celebrations Coordinator, has done an outstanding job running the Activity Program in The Gardens for the last six weeks after the resignation of our Memory Care Director. She has gone above and beyond handling issues that she has never been responsible for such as creating the monthly activities calendar, working with our Care Team, dealing with family members, giving some very needed care to each of the residents and much more.

A major shout out to the Housekeeping Team at Discovery Village At Sarasota Bay! Marge, Christine, Carina and Trish are able to cope with the new needs brought by the pandemic. With no doubt, this Team has been challenged by the virus. Our top-notch Housekeeping Team has continued to go above and beyond to do their jobs nonstop during these trying times. They have become essential workers to us.

A very special thank you and recognition to the housekeeping professionals at Discovery Village At Sarasota Bay, that more than anyone has been facing the dramatic changes the pandemic has brought into their operations.

Thank you for fighting through this for our residents and Team Members, and for finding ways to overcome the situation.



Hilary Bullard Becomes First-Ever President of Morada Senior Living

In what is yet another important milestone in our company's rich history, Discovery Senior Living has added to its executive leadership team, appointing Hilary G. Bullard, CFA as the first-ever President of the new Morada Senior Living Division. Hilary brings more than 15 years of experience managing best-in-class senior and multi-family housing assets for some of the industry's most prominent investors. She most recently served as Senior Real Estate Asset Manager for Healthpeak Properties, a post she occupied since 2019.

A leading authority in senior housing and multi-family assets, Hilary began her career with J.P. Morgan Investment Bank, and then J.P. Morgan Asset Management, where she oversaw top-tier and middle-market senior housing communities across multiple states. She also led a portfolio of multi-family assets in the Mid-Atlantic region starting with the pre-construction phases.

At Healthpeak, Hilary oversaw a variety of relationships, including one with Discovery Senior Living. Her extensive knowledge of the senior housing industry and healthy understanding of our organization and its current and future aspirations make her an amazing addition to our family. Now, under her leadership, we'll chart a confident course as we grow and develop the Morada brand and maximize the value we provide to residents, their families, and to one another.

Hilary herself shared the following: "Someone once told me that if your leadership couldn't call each Executive Director by name, then your company was too big. With the structure of Discovery's first region-specific brand, Morada Senior Living's leadership will be able to know each

Executive Director while leveraging the resources of the home office at the same time. I am thrilled to be part of this leadership team. We plan to reinvest in the communities, further cementing positions in the marketplace while caring for our residents and bringing peace of mind to their families. Do this well and value creation will follow."

Hilary will be based in Dallas, Texas, where she'll work alongside Morada's regional and community operations teams and be a presence in and around the communities. Please join us in formally welcoming Hilary Bullard to the Discovery Senior Living family!



HILARY BULLARD
Division President, Morada Senior Living



Self-Care: Make It a Priority, Not a Luxury

Going above and beyond to look after and care for others and make meaningful differences in their lives is such a prominent focus for all of us. In fact, we even recognize many such instances in these very pages throughout the year. However, let's take a few minutes to talk about ourselves, and to examine the importance of self-care in this, or any environment.

Unfortunately, self-care is often seen as a luxury; a practice we'll get to if or when we can, but if not, then we'll just have to go without. A lack of self-care, however, can go hand in hand with feeling tired, burned out, overwhelmed, or ill-prepared to respond the best way we can to life's challenges, both at work and in our lives outside of it.

In short, self-care is necessary if we're to be the best versions of ourselves on any kind of consistent basis. So please, read on for more about self-care, and make sure that even as you strive to help others, you're still taking the proper actions needed to help yourself.

What Is Self-Care?

Self-care describes a conscious act taken in order to promote our own physical, mental and emotional health. For us, it's about giving ourselves the time and space that we need to step away from caring for others and really take responsibility for caring for ourselves. (And not feeling guilty about it, either.)

Proper self-care is understanding our own needs and making them a priority. Saying "yes" to doing things we like to do, and forgiving ourselves for perceived weaknesses and shortcomings. Self-care is knowing what we need to feel happy, healthy and satisfied, and making it our business to ensure we have it.

Exploring the Five Domains of Self-Care

All of us inevitably have multiple layers to our personalities, and consequently, self-care is comprised of several, different domains—five of them, to be exact. Some of us may love fitting in a workout as much as we can because we find it benefits mind and body. For others, live music may be the type of soul medicine that they depend on. Everybody's

different in what makes them feel happy and healthy, but the domains are the same. And together, these five areas of self-care come together to comprise a state of more comprehensive, overall wellness:

1) Physical: Are you in charge of your own health? That includes things like getting adequate sleep; maintaining healthy nutrition; getting enough exercise and taking any prescribed medications and/or supplements.

2) Social: Family, friends and personal connections are crucial to overall well-being, but we all know how difficult it can be to find time whenever life gets busy. Relationships require work, however, and whether it's making a point to schedule in-person get-togethers, or using technology to stay connected virtually, it's vital to do what's necessary to nurture our relationships with friends and loved ones (and one another).

3) Mental: Stimulating (or calming) the mind is just as important as looking after the body. So what keeps you feeling sharp? Maybe reading or watching TV or movies, doing puzzles or word and number games, or just practicing mindfulness help you keep a positive frame of mind. Whatever it is, it's important to think about and maintain proper mental self-care.

4) Spiritual: Attending church or another house of worship certainly counts, but spiritual self-care doesn't have to start and end there, or even involve religion. Engaging in meditation or any other activities that help illuminate life or our purpose, or that provide fulfillment or context behind our overall experience can all be useful for nurturing the spirit.

5) Emotional: Cultivating the coping skills we need to deal with emotions like anxiety, sadness, guilt or regret (even anger) is vital for ensuring balance and consistency. Do you talk candidly with friends or loved ones, or work with a counselor, life coach or other professional? When considering emotional self-care, examine the way you're feeling and how you're processing your emotions, and make sure to do whatever it takes to be your own support system, and the internal voice you need to stay patient, be grateful for life's blessings, and accepting of any shortfalls and the things we can't change.

Discovery Senior Living Receives Numerous Awards In 2020

National Association of Home Builders (NAHB) 55+ Housing Awards

- GOLD- Best Brochure (SHINE® Memory Care)
- GOLD- Best Community Lifestyle Program (FitCamp® Health & Fitness)
- SILVER- NAHB 55+: Best Sales or Marketing Event (Caruth's Classic Car Show & Charity Event)
- SILVER- Best Print Ad (Gulfshore Life Magazine)
- SILVER- Best 55+ Community Lifestyle Program (SHINE® Memory Care)
- SILVER- Best Brochure (SHINE® Memory Care)*
- SILVER- Best 55+ Community Lifestyle Program (FitCamp® Health & Fitness)*
- SILVER- Best 55+ Brochure (New Discovery Village Stitched Folder)

**These two entries were first recognized with silver awards and ultimately went on to win gold in their respective categories*

Fall 2020 Digital Health Awards

- SILVER- Newsletter: Connection Newsletter
- SILVER- Article: Dine Out Every Day of the Week
- BRONZE- Blog Post: Spotlighting Seniors & Mental Health
- MERIT- Article: Life, Liberty & Technology for All!

The Nationals

SILVER- Nationals: Best Lifestyle Program for a Community (Be Our Guest)

Davey Award

- GOLD- Visual Design and Print- HOME campaign
- GOLD- Visual Design and Print- SHINE® Memory Care campaign

Grand Aurora Award

- Discovery Village At Naples' New, Active Independent Living Community

2020 TEXO Distinguished Building Award

- Conservatory At Plano Renovation



BILL'S BLOG

Acts of Kindness

I am happy and proud to have my latest blog entry appear on the page with our new awards! We have amassed quite a collection here at the home office over the years. While they might appear to be just engraved wood, metal, or glass, they are much more than that: they offer positive validation that our community designs, our programs, or our marketing campaigns truly stand out in this crowded industry.

In addition to these awards, we have so much to be optimistic about as we move toward another phase of COVID-19 senior living: The vaccinated phase. We see

communities opening, residents emerging and attending events with confidence, and tremendous interest by families and prospects that we have not seen for the past year. Our leads/inquiries have increased dramatically, and our sales teams are piling up the move ins!

As the industry starts to move forward, Discovery is poised to meet the coming challenges. Consider the new talent we are attracting in the home office, at the regional level, and for our community leadership positions...impressive people bringing fresh ideas and energy. But we need more! We have open positions everywhere that must be filled. Please help us: highlight our culture and share your experiences on LinkedIn. Encourage your Teammates to give us a positive Indeed or Glassdoor review – we have a story that needs to be told and it should not be dominated by those who left us or are unhappy in their situation.

I thank you for your unselfish efforts and hope that everyone is taking good care of themselves – we need you at your best!

THE MANY FACES OF DISCOVERY SENIOR LIVING



ASTON GARDENS AT SUN CITY CENTER
Baby chicks came to visit the community



ASTON GARDENS AT TAMPA BAY
Cutting the ribbon at the community's Grand Unveiling event



MORADA CEDAR HILL
The community is selected as Reader's Choice Best Senior Living Facility



MORADA WAXAHACHIE
The community celebrates Easter with their grandchildren



DAH CORNER

DAH UPDATE

Hello everyone and welcome to 2021

Let me detail several interesting updates to bring up to date on the world of Discovery At Home!

I am very pleased to announce that our Florida Medicare Certified agencies have been accredited by the Accreditation Commission for Health Care. This involves both agencies actually providing care and documentation to an even higher standard required by Medicare. For people shopping us against our peers, this type of accreditation separates us from the other agencies in our area. I am also pleased to announce that our Texas agency, Discovery At Home in Texas, is now a Medicare 5-star agency. As is Discovery At Home LLC, located here in SW Florida.

We have also opened a new Outpatient Therapy Center at Discovery Village At Naples IL. This is simply an extension of our services to the newly opened, beautiful addition to Discovery Village At Naples Assisted Living community. We are honored to be providing outpatient therapy to our newest local community. These outpatient therapy centers were all but closed during our COVID-19 outbreak, so it is great to see them open and building a patient census again, a big thank you to Karen Wilhite OT/L for leading the charge to get them open and busy again.

Like many of our communities, we are trying every logical

avenue to find care givers to staff our Private Duty Service Teams. It just seems like the supply of qualified people has dried up. If you know of someone that wants to serve our wonderful residents/clients, please reach out to me with their contact information.

2021 plans

We have several goals for 2021.

- Goal #1 is to bring outpatient therapy to Discovery At Home Gulf Coast in Tampa. We put it on hold last year due to COVID-19, but now, full steam ahead! The first step is to find a leader and help them build a team.
- Goal #2 is to grow to service our new Morada communities, and that is something we are acting on now.
- Goal #3 is to bring new services to DAH in Texas. We await our licensure renewal State of Texas survey, then we will install Private Duty Services (known as PAS in Texas) and then Out-Patient Therapy, so that we can replace the contract providers we currently use.

These items should carry us through 2021 and launch us into 2022!

Thank you,

Dan Cundiff | President, Discovery At Home